

Registration Information

Call 360-416-1860 for further information, or email dem@co.skagit.wa.us

Please visit the CERT website: www.SkagitCERT.org.

Mission Statement:

To provide the emergency organization and coordination of resources to minimize loss of life and to protect property and the environment in the event of natural, human-caused, or technological emergencies or disasters affecting Skagit County.

The Skagit County Department of Emergency Management (DEM) provides emergency management services to Anacortes, Burlington, Concrete, Hamilton, La Conner, Lyman, Mount Vernon, Sedro-Woolley and the unincorporated areas of Skagit County.

Learn minor fire suppression, disaster medical/first aid, light search & rescue, disaster psychology, and much more!

Help yourself, your family and your neighbors when disaster strikes!

Students will receive course materials, backpack, hard hat, and reflective vest.

Students will need to provide work gloves and eye protection. It is strongly recommended that students purchase knee pads.

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Mount Vernon, WA 98273

Phone: 360-416-1850
Email: dem@co.skagit.wa.us or
Vickief@co.skagit.wa.us
www.SkagitCert.org

Who depends on YOU?

Prepare.
Learn about...

COMMUNITY EMERGENCY RESPONSE TEAM (CERT)



CERT training teaches skills that people can use to safely help while waiting for responders.

About CERT...

BACKGROUND:

We know that police and fire emergency services may not be available to meet all the immediate needs of the public following a major disaster. We also know that many people will spontaneously volunteer to help others until professional responders arrive. This was the case following the 1988 Mexico City earthquake where untrained, spontaneous volunteers saved 800 people.

Unfortunately, about 100 people lost their lives while attempting to save others simply because they were not trained to assess the dangers in a post-earthquake environment.

CERT is about personal preparedness and being able to assist others until help arrives.

The CERT training is 21 to 24 hours long and is delivered in three-hour sessions, one evening a week over an eight-week period.

CERT CURRICULUM DESCRIPTION

DISASTER PREPAREDNESS

- CERT introduction and history
- Disaster potential in the Pacific Northwest
- Actions taken before, during and after disaster
- 3-5 day preparedness kits

DISASTER FIRE SAFETY

- Fire chemistry, hazardous materials and fire suppression strategies
- Fire extinguisher operation
- Extinguish live fire



DISASTER MEDICAL OPERATIONS, PART I

- Diagnose and treat airway obstruction, bleeding and shock
- Learn principles of triage

DISASTER MEDICAL OPERATIONS, PART II

- Head-to-toe patient assessment
- Establish a medical treatment area
- Basic first aid

LIGHT SEARCH AND RESCUE OPERATIONS

- Search and rescue (SAR) planning and size-up
- Search techniques
- Lifting and cribbing



CERT ORGANIZATION AND DISASTER PSYCHOLOGY

- Signs and symptoms of disaster victim and rescuer distress
- CERT organization and management principles
- Need for documentation
- Take-home exam

TERRORISM, COURSE REVIEW AND DISASTER SIMULATION

- B-NICE and CBRNE
- Self-decontamination
- Time, distance and shielding
- Shelter-in-place
- Final exam review
- Practice skills learned during the previous seven sessions